

This week we had an online Parent Session on Raising Body Bright Children from the people at Butterfly Body Bright. Thank you to all those that attended online. I hope you found it useful. We want to make sure all children have a positive body image and that we have strategies available to help to build that in children.



Butterfly Body Bright has 6 themes that relate to the risk and protective factors of children's body image:

- BRAVE against appearance teasing
- RESILIENT to unhelpful media messages
- INCLUSIVE of all bodies
- GRATEFUL for our amazing bodies
- HAPPY through joyful movement
- THOUGHTFUL with their eating
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[Click here](#) to view a recording of the presentation. This link expires on 21/11/25. The **password** is **aCH8E&f3**

We're excited to share that our whole school has worked together to create a special gingerbread themed artwork for the **Christmas Art Display at Westfield Airport West**.

We have been contributing to the display for a number of years, decorating a star, a Christmas tree and a reindeer over the years. This year we were given a Gingerbread Man.



Melissa, our Visual Arts teacher, has worked with every specialist art group to contribute to its design, making this a true celebration of creativity, collaboration and teamwork.

If you're visiting, we'd love your support. Please take a moment to view and vote for our school's piece. **The school with the most votes will receive a special prize and be named the winner of the 2025 Westfield Art Competition.**

This would be a wonderful achievement for our students and a moment of pride for

our whole community. Thank you for your support.

A big thank you to Melissa for her effort and creativity guiding our students through this project.

See below for the text that goes with our display.

## Term 4 2025

**Healthy Eating Lunch from Good Food heroes – Friday 14<sup>th</sup> November**

**1/2 Excursion to Bundoora Homestead 20<sup>th</sup> November**

**Hotdogs and Handball 3:20pm Thursday 20<sup>th</sup> November**

**Glenroy Central's Got Talent Friday 28<sup>th</sup> November**

**Year 6 Funfields Excursion Wednesday 10<sup>th</sup> December**

**House Spirit Sports Day – Friday 12<sup>th</sup> December**

**Year 6 Graduation Wednesday 17<sup>th</sup> December 6:00pm**

**End of year LC parties – Thursday 18<sup>th</sup> December**

**Last day of Term 4 – Friday 19<sup>th</sup> December Finish at 1:00pm**

**We are a Child Safe School.**

*All school policies are regularly updated:*

*To keep up to date you can follow this link:*

<https://www.glenroycentralps.vic.edu.au/page/113/Policies>

**The school treats any personal information we gather from you confidentially and in line with the Department's Privacy Policy.**

**Please note: The school gates open at 8:30am for Breakfast Club. The school yard is supervised from 8:45am each morning and until 3:35pm each afternoon Monday to Friday.**





On Wednesday, Elsa and Zunairah attended their final Children's Reference Group meeting at Merri-bek Civic Centre. They were updated on all the works council has completed this year with their input. They also wrote down their ideas for how to spend a community grant. Finally, they were presented with their certificates of participation. Elsa and Zunairah represented our school with pride at each event and have enjoyed the opportunity to connect with other students and be involved in the local council.

Next Thursday afternoon is our Hotdogs and Handball event. Please RSVP on Xuno **by Monday 3:20pm** so that we can plan accordingly!

*Have a great weekend!*  
*Remember, every day counts!*

**Jo Money**  
**Principal**



The **Year 6 students** are raising money for their graduation ceremony and dinner. We will be selling zooper doopers on **days over 25 degrees** for **\$1.00** to raise money for their graduation ceremony. We look forward to seeing you all at the canteen – but don't forget **NO HAT NO ZOOPER DOOPER!**



**Glenroy Central Primary School**

## Sugar, Spice and All Things Nice

Our community has come together to design and create cultural pieces that celebrate what matters most to us- family, friends and food.

The Senior Community crafted iced biscuits, exploring line, shape and colour inspired by the sky and sea. The Middle Community designed delicate leaf-shaped shortbread biscuits, while the Junior Community created animal silhouettes and clay botanicals representing Australian flora such as waratahs, proteas and flowering gums.

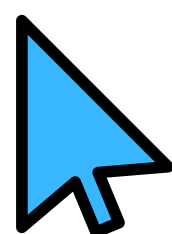
Together, these creations capture the beauty of our natural environment and the warmth of connection. The animal and native motifs reflect the places we share and care for, symbolising how food and creativity bring people together and connect cultures through shared traditions.

Through these festive creations, we celebrate community, creativity and the joy of belonging during this holiday season.

# Social Media Age Restrictions

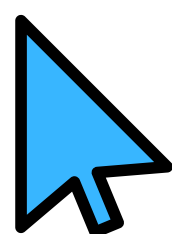
*From 10 December 2025, many social media platforms won't be allowed to let Australians under 16 create or keep accounts. The changes aim to protect under-16s from pressures and risks they can be exposed to while logged in to social media accounts.*

*How will the social media age restrictions affect me?*



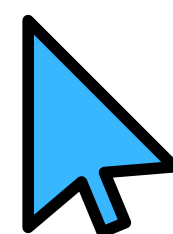
*Information for young people*

*Get-ready guide for parents and carers*

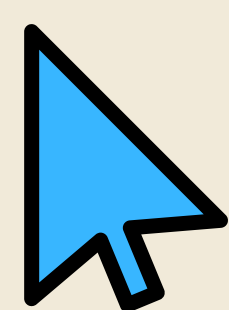


*Find out what you can do now to prepare for December 10th*

*Conversation starters for families*



*Download the conversation starters quick guide*



## *Book a free 30-minute webinar*

*Wednesday 19  
November 7:00pm*

*Thursday 20  
November 12:30pm*

*Tuesday 2  
December 7:00pm*

*Monday 8  
December 3:30pm*

*Monday 12  
December 1:00pm*